

Student Design-a-Meal Week Menu

Monday—Mr. Anderson’s Advisory

Breakfast: Crepes served with apples and strawberries
Bacon
Grapes
Strawberry Smoothies

Lunch: Teryaki Steak Tips
Garlic Bread
Watermelon
Green beans
French Silk Low Fat Pie

Tuesday—Mrs. Bundy’s 5th Grade, Tropical Theme

Breakfast: Tropical Breakfast Parfait
Cuban French Toast with Tropical Salsa

Lunch: BBQ Chicken Quesadilla
Tropical Greens Salad
Rice
Fruit Smoothie
Tropical Sundaes



Wednesday—Mrs. Pietrovito’s Class, Hawaiian Theme

Breakfast: Crepes served with strawberries, mangoes, and syrup
Sausage Links
Fruit Salad

Lunch: Sweet and Sour Steak and Veggie Kabobs
Fried Rice
Coconut Smoothies
Fruit Kabobs with Chocolate Dipping Sauce



Thursday—Mrs. Essex’s Class, Western Chuckwagon Theme

Breakfast: Flapjacks served with butter and syrup
Bison Strip Bacon (regular bacon)
Snake Venom Orange and Cranberry Juice

Lunch: Longhorn Spicy Beef Stew
Homesteader Biscuit



Cactus Cups (Wagon-Wheel Cucumber Slices, Celery, Fire Ant Craisins,
and Peanut Butter)
Apples and Prairie Caramel Dipping Sauce

Friday—Mrs. Blair/Mrs. Proctor’s Advisories, Mexican Theme

Breakfast: Ham and Cheese Quiche and Vegetable Quiche
Mandarin Oranges
Assorted flavor juices



Lunch: Chicken and Cheese Quesadillas
Peppers and Onions
Strawberries
Boston Low Fat Cream Pie

Menu is subject to change if necessary